

THE Arcade

BAR & CAFE

BREAKFAST

Beans On Toast 	657Kcal	£3.50
Egg on Toast 	546Kcal	£3.50
Egg Bap 	211Kcal	£3.50
Sausage Bap 	475Kcal	£3.50
Bacon Bap 	388Kcal	£3.50
Vegetarian Breakfast 	583Kcal	£6.50
Breakfast 	718Kcal	£6.50
Add Bacon	107Kcal	£1.50
Add Sausage 	86Kcal	£1.50
Add Egg 	79Kcal	£1.50
Add Hash Brown	158Kcal	£1.50










SWEET TREATS

Individually wrapped, calorie and nutrition information is found on the packets

Flap Jack	£2.75
Muffin	£2.75
Brownie	£2.75
Caramel Shortbread	£2.75
Bakewell Tart	£2.75
Giant Cookie	£2.75

















DONUTS

Spectacular Doughnuts 	258Kcal	£3.50
Strawjelly Jam Donut 	287Kcal	£3.50
Nutty Zafari Doughnuts 	269Kcal	£3.50
The Belgiyummy Doughnuts 	315Kcal	£3.50
Berry White Doughnuts 	289Kcal	£3.50
Caramazing Doughnuts 	314Kcal	£3.50
Goldenfry Doughnuts 	198Kcal	£3.50



Allergens

All of our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy please let us know before ordering. Full allergen information is available on request.

-  Contains Soybean
-  Contains Celery
-  Contains Crustaceans
-  Contains egg
-  Contains Fish
-  Contains Gluten
-  Contains Lupin
-  Contains Milk
-  Contains Molluscs
-  Contains Mustard
-  Contains Peanut
-  Contains Seasame
-  Contains Sulphur Dioxide
-  Contains Treenut

Adults need around 2000 kcal a day.